

UPDATE

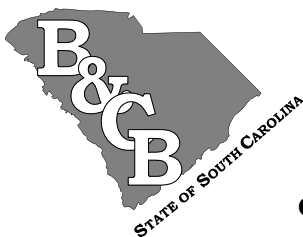
NATURAL BLUE

Natural Blue is here! If you are a State Health Plan, Companion or HMO Blue member, you now have access to an extensive network of complementary healthcare providers. These health plans and Natural Blue have an agreement with American Specialty Health Networks (ASHN). The agreement allows you to visit this network of credentialed acupuncturist, massage therapist and fitness clubs at reduced fees.

HOW DOES NATURAL BLUE WORK?

Natural Blue is convenient and easy to use!

- Visit your health plan's web site - www.SouthCarolinaBlues.com, www.CompanionHealthCare.com or www.SCHMOBlue.com - and go to the Natural Blue page. You then can link to healthyroads.com to locate a participating provider. You also can call ASHN's member services department toll free at 1-877-327-2746.
- You may directly access services from participating providers, and you may change providers at any time.
- Because this is an access program, you pay the member rate directly to the provider.
- There is no additional paperwork to complete, other than the provider's usual patient history and documentation forms.
- There are no annual limits to this program.
- Additionally, you have access to healthyroads.com and 1-888-BUY-HEALTHY (1-888-289-4325) to purchase discounted health products such as vitamins, herbal supplements, books, tapes, and other products.



STATE HEALTH PLAN PREVENTION PARTNERS
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